



# ATSUKO OKANO

## EDUCATION

- M.A. Rikkyo University, Majoring in sociology, 2009
- B.A. Ritsumeikan University, Majoring in psychology, 1976

## POSITION

- Marriage, Divorce, and Remarriage Counselor (first and leading person in Japan)
- President (founder), Atsuko Okano's counseling room of divorce, 1991-
- President (founder), Caratclub (a nationwide divorce counseling service), 1993-
- President (founder), School for the Divorce counseling, 2001-
- Chairperson (founder), (NPO) Japanese Association for the counseling of marital problems, 2001-
- President (founder), AZCO Bridal Saloon (a nationwide marriage and remarriage counseling service), 2004-
- President (founder), School for the Marriage and Remarriage Counseling, 2010-

- Okano Atsuko Portal web site  
<http://www.azco.co.jp/>

## PUBLICATIONS



**Sango Crisis.**  
(The crisis after childbirth.) 2013.

## Authored and late Books

Fuan no Katazuke.  
(How to cope with anxieties.) 2012.  
How should middle-aged women cope with anxieties of their everyday lives in terms of working, parenting, and caring for their parents and so on?

Anata ga rikon wo kimeru maeni  
shinakereba naranai yattsu no koto .  
(Eight things you should do before you decide to divorce.) 2010.

Jukunen rikon no sodanshitsu, kaitei ban  
(Counseling room for the aged person divorce, revised edition.) 2010.

Koredake wa shitteoku :  
Rikon no tetsuduki to susumekata .  
(Things you should know : legal procedure of divorce.) 2009.

Fufu de iruno yamemasuka?  
(Will you give up your married life?) 2008.

\*Atsuko Okano has published over 30 books on marriage, divorce, and remarriage in Japan.

\*She has commented about the marriage, divorce, remarriage problems in Japan on TVs, radios, and newspapers (both international and domestic). Please see her comments on USA Today, Yomiuri, and Asahi.